

April 2025.

Free Cyber Security Action Plan

"Tell me and I will forget, show me and I may remember; involve me and I will understand." Confucius - The Analects.

This has been the intended theme in the Cyber Byte guidance - informing, showing, involving and continues this month on how to create a Cyber Security Action plan.

We are all good planners, some more than others, but we all make plans. These can include everyday tasks from shopping, meeting friends, making a phone call or text, to holiday plans.

We all rely on technology to communicate and organise our plans from using our mobile phones, tablets, laptops and desk top computers. But how secure are your devices and your online accounts from cyber criminals.

Having a Cyber Security Action plan that informs, shows and involves you in making good decisions, that will improve your cyber security, is extremely important.



The NCSC (National Cyber Security Centre) has created the Cyber Security Action plan, which allows you to create your personal plan based on your answers to a series of questions. This is a free to use resources, takes minutes to complete, and the resulting action plan is also free.

To make use of this free resource you can open this link - <u>Stay protected online with a Cyber</u> <u>Action Plan - NCSC.GOV.UK</u> or log onto the NCSC website <u>National Cyber Security Centre</u> - <u>NCSC.GOV.UK</u> and search for the Cyber Security Action plan.

The Cyber Security Action plan will support you across mainstream operating platforms and devices with specific step by step guidance for example, how to implement 2SV, making strong three random word passwords to backing up your data.

Please feel free to share this awareness.

If you have been a victim of crime, and it is not an ongoing emergency, you can report this to Police Scotland on 101.

Police Scotland Cybercrime Harm Prevention Team

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