



June 2025.

Ctrl - Alt – Del

Command + Option + Esc

The power and function of three little computer keys

Who is responsible for your Cyber Security.

Whether as an employee or privately we all have an individual responsibility towards Cyber Security, from protecting our login user account, to protecting our organisations data and intellectual property and of course our own private information.

Login user accounts provide the user with access to a device, network, its data and intellectual property. Every time a user logs onto a device and into a network there is a trace of that activity, so it is essential, as users, we maintain control of our login user profile and protect that element of access.

Within industry, there are a series of cyber security policies and technical solutions in place, informed by IT through an Information Security Management System (ISMS), to protect the network, systems and devices, including not leaving ourselves logged into un-attended devices.

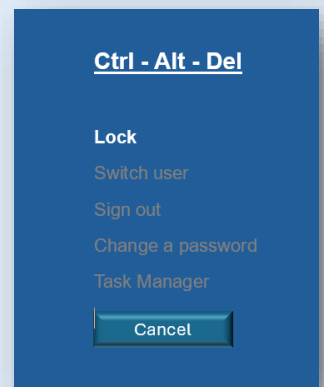
One of the most basic and most often forgotten cyber security functions we all have, is at our fingertips. These are the **Windows - L** or **Ctrl – Alt – Del** buttons to lock unauthorised access to our accounts on Windows or **Command + Option + Esc** to force quit on Mac devices.

Making use of this function and locking our accounts or forcing quit, when we leave our devices unattended, is good practice.

This displays a strong awareness of cyber security, protecting against nefarious access through our login user account to data or intellectual property.

Imagine a data leak, information being deleted, files corrupted, or defamatory emails sent and traced to your login user account – It takes seconds to lock and protect your login user account.

If you have been a victim of crime, and it is not an ongoing emergency, you can report this to Police Scotland on 101.



Police Scotland Cybercrime Harm Prevention Team